**First Aid at Work**

**Course Aims**

To train selected candidates to the required standard as directed by Health and Safety Executive in the duties of an emergency first aider.

**Who is the course suitable for?**

Personnel selected to be fully qualified first aiders.

| **Overview:** | |
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| Price: | tbc |
| Duration: | 3 days |
| Certification: |  |
| Maximum candidates: | 12 |

**Course Objectives**

Enable the emergency first aider to render the initial help necessary to give a casualty treatment for sudden injury or illness, until more professional help arrives.

Topics covered include:

* Legalities, responsibilities and reporting
* Assessment of the situation
* Cardio
* Pulmonary Resuscitation
* Automated External Defibrillation (AED) awareness
* Dealing with an unresponsive casualty
* Shock (including Anaphylaxis)
* Bandaging
* Fractures and spinal injuries
* Heart attacks
* Choking
* Control of bleeding
* Head injuries
* Eye injuries
* Poisoning
* Chest injuries
* Sprains and strains
* Burns
* Asthma
* Diabetes
* Epilepsy
* Stroke

**Additional Information**